

# GR-EFV45,El Araby Toshiba

**Site:** Mbsmpro

**Date:** December 28, 2025 | **Author:** www.mbsmpro.com

**URL:** <https://mbsmpro.com/gr-efv45el-araby-toshiba/>



## Toshiba 3-Door 16 cu.ft No-Frost Silver Refrigerator: A Practical Workhorse for Modern Homes

The *Toshiba 3-door 16 cu.ft no-frost silver refrigerator* from El Araby is designed for families who want generous storage, stable cooling, and low maintenance in a compact footprint. It combines vapor no-frost cooling, a dedicated middle fresh zone, and silver finish that matches most contemporary kitchens.

### Key specifications and capacity

- Net capacity about 351 liters ( $\approx$ 16 cu.ft), enough for a medium to large household.
- **Three-door layout:** top freezer, central fresh/vegetable compartment, and main fridge section below for everyday items.
- Approximate dimensions: width 66.5 cm, depth 68.4 cm, height 175.3 cm, giving a tall but relatively slim cabinet that fits standard kitchen niches.
- Color: **silver** with hardened glass shelves for better load resistance and easier cleaning.

### Toshiba 3-door 16 cu.ft no-frost - main data

Feature	Detail
Model family	GR-EFV45 series (El Araby Toshiba)
Cooling type	No-Frost with vapor air circulation
Doors	3 doors: freezer / fresh zone / fridge
Net capacity	$\approx$ 351 L (around 16 cu.ft)

<b>Feature</b>	<b>Detail</b>
Color	Silver exterior
Shelves	Tempered glass, adjustable
Energy class	Class A, optimized for reasonable power use
Refrigerant	Non-CFC, eco-friendly design
Extra features	Plasma deodorizer (on many variants), low-noise design

## **Cooling technology and food preservation**

The refrigerator uses a **no-frost vapor cooling** system that circulates cold air around the compartments, preventing ice build-up on the walls and evaporator. This means no manual defrosting and more stable temperatures for long-term storage.

- Multi-air flow channels distribute air in several layers, reducing temperature differences between shelves and helping vegetables and dairy stay fresh longer.
- Many GR-EFV45-series units include a plasma or bio-deodorizer module that absorbs odors and reduces bacteria, which is particularly valuable in the middle fresh zone for fruits and vegetables.

## **Design, usability, and everyday practicality**

The three-door configuration is one of the strong points of this Toshiba line. It offers a separate middle drawer or compartment for fruits and vegetables, isolating humidity and smells from the main fridge area.

- Adjustable glass shelves and door balconies allow flexible loading, from tall bottles to large pans or cake boxes.
- Silver exterior and integrated handles give a neutral, **modern** appearance that blends with stainless or grey appliances, which is often requested in open kitchens.
- Noise-reduced compressor design and non-CFC refrigerant make it a relatively quiet and environmentally conscious appliance for daily home use.

## **Reliability, market positioning, and who it suits**

El Araby distributes this Toshiba 16-foot, 3-door refrigerator widely in North Africa and the Middle East, targeting families that need a durable mid-range no-frost unit rather than a premium smart fridge.

- Ten-year compressor warranty is common on this series, underlining its positioning as a long-term investment for domestic kitchens.
- The size and three-door design make it especially suitable for households that shop weekly, cook frequently, and want one dedicated vegetable/fresh zone without moving to a bulky side-by-side model.





[Toshiba Catalogue-REFDownload](#)

## Latest Articles

- [Guide de Dépannage de la Carte Inverter : Climatiseur Kolin KSM-IW20WAE](#)
- [RCFF-2HP Capillary Tube for a Samsung 18000 BTU air conditioner](#)
- [Carbon brushes washing machine motors](#)
- [Chauffe-eau Junkers : Restauration d'un Classique](#)
- [WS57H Compressor, 1/6 hp, Capacitor Requirement 4mf](#)
- [Hisense inverter expert, installtion](#)
- [Copeland D3DS5-100X 10 HP Freezer Compressor](#)
- [Bitzer 6G-30.2Y: The High-Performance 30 HP Semi-Hermetic](#)

- Réparer un chauffe-eau à gaz Olympic 6L
- Best piping practices for semi-hermetic systems
- Core ChauffeEau Junkers Mid-1980s to Late 1990s
- Not recommended R410A to R407c
- Details of refrigerant R134a
- The electrical circuit for a timer-based steam refrigerator is an interesting one
- Changing Filter 1/5 Hp
- 1/5 HP Compressor oil change: How much and how to do it right
- Deep cleaning AC units from A to Z... that's our craft
- Plumbing Fittings Explained
- Can the GL80 compressor be installed in place of the GL90?
- The process of replacing the air conditioner compressor is successful, and it is working as it was before ?